

Pixar Shorts/Story Book

The ability to read nonverbal cues from others is a crucial part of communication. It helps us understand how another person is feeling without them telling us. Our own facial expressions and body language tell others how we are feeling as well.

What to do:

Grab a book or watch a short video/book and read with your child (Pixar shorts are great for this). When looking at the video or pictures, ask them how they think someone in the book/video is feeling. Have a conversation about how you can tell the character is feeling that emotion (e.g., he is sad because he is frowning, or she is tired because she cannot keep her eyes open, etc.).

Fun Practice:

Make faces at one another and what emotion is on the other person's face.

Other Suggestions:

This is also great to discuss story retelling. Ask your child what happened in the beginning, middle, and end. If they are an older student, ask what the problem of the story was, what did the character do to fix it, what happened as a result?

Links: Any video will do; wordless videos will focus on using nonverbal skills

- Lifted- <https://www.youtube.com/watch?v=i62zmvPLlrw>
- La Luna- <https://www.youtube.com/watch?v=vbug7w3ZDUQ>
- For the Birds- <https://www.youtube.com/watch?v=BPopaJsNWd4>
- Piper- <https://www.youtube.com/watch?v=tTjHEyEAlsc>
- Geri's Game- <https://www.youtube.com/watch?v=9IYRC7g2ICg>
- Day and Night- https://www.youtube.com/watch?v=dJz_noKP-Bw
- Partly Cloudy- <https://www.youtube.com/watch?v=PfyJQEIsMt0>

Books: Any book with pictures will work! Wordless books are even better.

- <https://www.readingrockets.org/booklists/our-favorite-wordless-picture-books>

Other Language activities with books:

- <https://www.smartspeechtherapy.com/search/Picture+books/>