

Following Directions and Board Games

Adapted from home-speech-home.com

Grab your favorite board or card game (ie Candy Land, Uno, or a ball toss etc). Each time its your child's turn to go, ask them to follow a direction before each turn. You can make them up or use the ones provided.

1 step directions

- Put your hands on your shoulders.
- Put your hands over your eyes.
- Shake your hands.
- Count to eight.
- Put your elbows on the table.
- Pretend to take off your watch.
- Turn around in a circle.
- Jump up and down twice (or any amount of times you choose).
- Wave at me.
- Say hello.
- Point to a corner in the room.
- Say "Look over there!"
- Stand up.
- Walk to the door.
- Clap your hands 1 time (or any amount of times you choose).
- Pretend to wash your hands.
- Pretend to comb your hair.
- Cross your fingers.
- Pretend to put on a shirt.
- Shake your head yes.
- Snap your fingers 1 time (or any amount of times you choose).
- Name a color.
- Name a shape.

2 step directions

- Put your hands on your shoulders then count to eight.
- Put your hands over your eyes and stand up.
- Shake your head and say hello.
- Put your elbows on the table and wave at me.
- Pretend to take off your watch and then point to a corner in the room.
- Turn around in a circle and say "Look over there!"
- Stand up and then jump up and down two times.
- Clap your hands 3 times and walk to the door.
- Pretend to wash your hands and then cross your fingers.
- Shake your head yes and name a color
- Pretend to put on a shirt and name a shape.
- Pretend to comb your hair and name a number.
- Count to 10 and pretend to tie your shoe.
- Wiggle your fingers and snap your fingers 4 times.
- Wave your hand and then wink at the person next to you.
- Count the chairs in the room and then put your hand over your mouth.
- Pat yourself on the head and say your ABC's.
- Lift both hands up in the air and then tap your foot on the floor.
- Name something you see that is red and then sit on your hands.

3 step directions

- Wave at me, jump up and down two times, and say "Look over there!"
- Walk to the door, say hello, and then cross your fingers.
- Stand up, turn around in a circle, and snap your fingers 4 times.
- Wiggle your fingers, name something blue, and wink at someone in the room.
- Put your hand over your mouth, wave with the other hand, and blink your eyes.
- Point to a corner in the room, count to 8, and stand up.
- Name a shape, pretend to wash your hands, and shake your head "No."
- Tap your foot on the floor, count the chairs in the room, and put your elbows on the table.
- Sit on your hands, sing "Twinkle, Twinkle, Little Star" and, put both hands in the air.
- Name 2 of your friends, pretend to take off your watch, and pretend to sneeze.
- Say your ABC's, shake your head yes, and put your hands over your eyes.
- Name a color, pretend to put a shirt on, and name something that is red.
- Pretend to tie your shoe, count to 10, and clap your hands 3 times.
- Touch your toes, pat yourself on the head, and pretend to comb your hair.
- Slap the table, stand up, and then hop 4 times.

4 step directions

- Cross your fingers, stand up, turn around in a circle, and wink at someone in the room.
- Shake your head "No", count the chairs in the room, point to the corner of the room, and wiggle your fingers.
- Snap your fingers 4 times, pretend to put a shirt on, tap your foot on the floor, and name something blue.
- Sing "Twinkle, Twinkle, Little Star", pretend to wash your hands, put your elbows on the table, and touch your nose.
- Pretend to sneeze, walk to the door, count to 5, and sit down.
- Blink your eyes, pretend to take your watch off, name a shape, and say "Look over there."
- Wave with one hand, say "Hello", stand up, and shake your head "yes".
- Name something that is red, put both hands in the air, put your hand over your mouth, and count to 8.
- Point to a light in the room, touch your toes, name a color, pat yourself on the head.
- Put your hands over your eyes, stand up, jump up and down 3 times, and then sit down on your hands.
- Pretend to comb your hair, put your hand on your shoulder, name a color, and wave at me.
- Clap 3 times, pretend to drive a car, give someone a high 5, and give a thumbs up.

Conditional directions

- If cows give us milk, touch your head.
- If you are a girl, stand up and say your name.
- If you like school, clap your hands.
- If you rode the bus to school, put your hand on your knee.
- If pencils cut paper, jump up and down.
- If ice is cold, stomp your feet.
- If candy is healthy, count to ten.
- If you have a brother, spin in a circle.
- If chickens lay eggs, touch your knee.
- If you have a sister, say, "I do."
- If you have a pet alligator, scream really loud.
- If you love the snow, wave your arms.
- If cookies are yummy, act like a chicken.
- If pigs live in the ocean, hit the table.
- If goats live on a farm, pretend to take a drink.
- If clocks tell the weather, stick out your tongue.
- If you buy things with money, blow a kiss.
- If glass can cut you, moo like a cow.
- If your room is clean, pat yourself on the back.
- If two plus two is four, knock on the door.
- If three plus one is one, bite your lip.
- If a cat is an animal, blink your eyes.
- If a dog barks, pull your hair.
- If you like me, say, "Beep, Beep."